

4-18-2007

The Winonan

Winona State University

Follow this and additional works at: <https://openriver.winona.edu/thewinonan2000s>

Recommended Citation

Winona State University, "The Winonan" (2007). *The Winonan - 2000s*. 177.
<https://openriver.winona.edu/thewinonan2000s/177>

This Newspaper is brought to you for free and open access by the The Winonan – Student Newspaper at OpenRiver. It has been accepted for inclusion in The Winonan - 2000s by an authorized administrator of OpenRiver. For more information, please contact klarson@winona.edu.

WINONAN

News for a Campus Community....

Wednesday, April 18, 2007

Volume 85 Issue 23

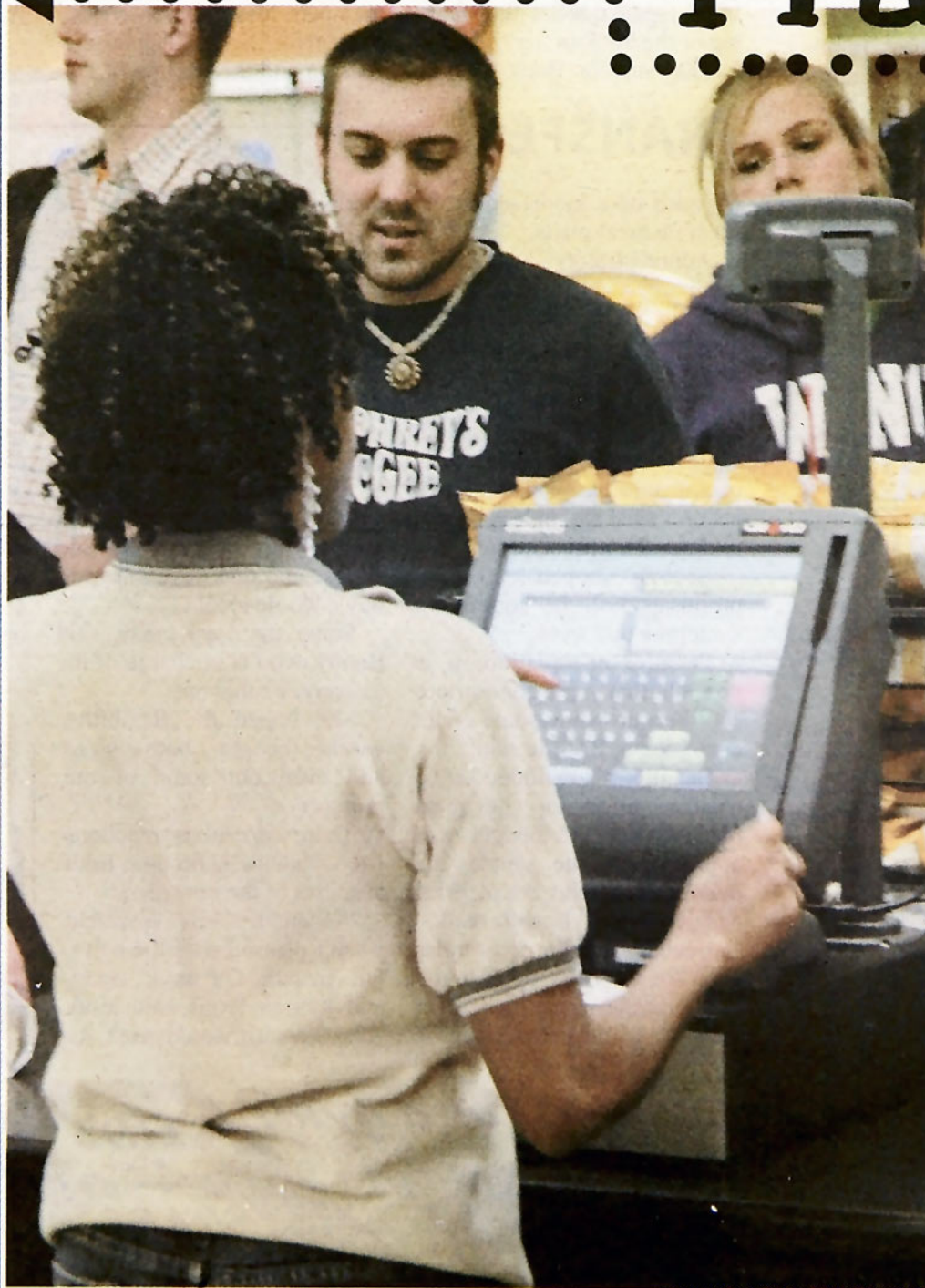
INSIDE: News

- Students explore First Amendment rights
- Winona sex-offender update: How to protect yourself
- Graduation is a few weeks away: What are students doing to prepare for the real world?

Arts

- "Shakespeare in the Park" to perform at Lake Park Bandshell
- BC&A hosts third annual Winona Idol competition
- Roberts reviews Tarantino and Rodriguez's "Grind House"

The transition of Transfers



Charwells will be reducing the number of transfers available to students from 19 to 14 a week.

Shanthal Perera WINONAN

Chartwell's campus dining service will be ditching the food transfer policy at the end of the fall semester.

Under the new rules, meals plans available at the café have been decreased while the amount of Kryzsko cash, a form of credit used to pay for meals, will be increased, said Bruce Bechtle, Jack Kane manager.

The new meal plans will also change the number of meals required per week at Jack Kane cafeteria. Students can choose from seven, 10 or 14 meals per week compared to the current plan which allows a minimum of 10 and maximum of 19 meals.

Currently, food transfers allows students under Chartwell's meal plan to buy four meals from the Smuag between 1 and 3 p.m. and between 4:15 and 7 p.m. Transfer meals include a free drink and cost \$4.20.

Transfers were designed for students who couldn't eat at the cafeteria at the regular hours due to class schedules.

According to Bechtle, the idea of removing the transfer policy was brought up about two years ago and was added into Chartwell's proposal when the company renewed their contract with Winona State last year. The changes were set to take place during the second year of the new contract.

Bechtle also hinted at a cheaper price for the meal plan. "After the budget was approved by the senate, the board rate went down," Bechtle said.

Currently, Chartwells and Winona State are discussing specifics on the amount of

See TRANSFER, Page 2

Phone: (507) 457-5119

<http://www.winona.edu/winonan>

Winona State to host improv jazz workshop

The Winona State University Department of music, in cooperation with the Upper Mississippi Jazz Society, offers an all-day jazz workshop for middle school and high school students July 13 to 14 at the Winona State Performing Arts Center.

The workshop includes instruction in jazz improvisation and jazz styles and a performance at the 20th Annual Lake Winona Jazz Festival on Saturday, July 14, at 11 a.m.

All instrumentalists are welcome.

Students are housed in Winona State residence halls and receive three meals.

The cost is \$70 per student. Local students not needing housing may attend for \$60.

A \$35 non-refundable deposit is due by Friday, June 29. The remaining balance is due at check-in on July 13.

The program is directed by Winona State music professor Rich MacDonald.

Instructors for the workshop include: Dustin Moburg, trombone/jazz history; Chip Schreder, clarinet and saxophone; Gary Urness, trumpet; George Von Arx, trombone; Eric Heukeshoven, piano; Mike James, guitar and bass; Gerald Gleason, tuba; and Rich MacDonald, drums.

For more information or to register, call Jenny Lamberson, workshop coordinator, at 507-457-2963 or e-mail: JLamberson@winona.edu.

Five of 880 spring graduates finish with perfect GPA's

Five of the more than 880 Winona State University spring graduates will graduate with a 4.0 grade-point average.

These graduation candidates are:

Jodi Henriksen of Niles, Ill., bachelor of science, special education-developmental disabilities/elementary education.

Marit Janssen of Worthington, Minn., bachelor of sci-

ence, elementary education, Worthington, Minn.

Sheila Skilling, bachelor of arts, communication studies, Prior Lake, Minn.

Brent Ylvisaker, bachelor of arts, political science, Zumbrota, Minn.

Elizabeth Zwald, bachelor of science, elementary education, Garner, Iowa.

Celebration of the Book to present Nancy Faulkum

The Winona State University 2006-07 Library Athenaeum Series presents speaker Nancy Faulkum along with the Student Book Collection Awards at 1 p.m. today on the second floor of the Darrell W. Krueger Library.

Faulkum, who is from Book Cliff Bookstores in Wabasha, Minn., speaks about the meaning of the book in her life.

The Student Book Collec-

tion Awards are hosted by the Celebration of the Book Series.

The Winona State University Library Athenaeum hosts events that explore and enhance the intellectual life of the university and the region, bringing together scholars, performing artists, students, community members and other interested people for the intellectual discussion and the sharing of cul-

tural experiences.

The Athenaeum reflects the importance the university places on humanities, the arts and the sciences.

For more information and event descriptions, visit www.winona.edu/library/athenaeum, call Kendall Larson at 507-457-5367 or e-mail klarson@winona.edu.

TRANSFER

Kryzsko cash increased in the separate meal plans.

Administrators are still finalizing which meal plan should have more Kryzsko cash, the plan with 14 meals or seven meals per week.

There is also a proposal on a meal buyback plan, in which students could purchase meals back from Chartwells that they haven't used for more Kryzsko cash for the next semester.

Bechtle hoped all the proposals will be sorted out sometime this week.

Because of inflation, it is possible that some food prices could go up while some could come down, Bechtle said.

Bechtle also hinted at a cheaper price for the meal plan. "After the budget was approved by the senate, the overall room and board price has decreased," Bechtle said.

Bechtle felt the new rules give students the opportunity to purchase from wherever they want and provides more

flexibility. Also, he hopes the rush hour crowd will become more spread out and it will make retail areas more accessible.

"A lot of times kids don't use all of their meals up here. If (the new plan) works for them, it might be a good idea. It should be their choice," said Kathy Bundy, who works at Jack Kane. "There's more variety downstairs and that's a plus. They can also pick and choose and don't even need to buy a whole meal."

Some days are crazy, said Bundy, who is in charge of the cafeteria's salad bar.

She hoped the flexibility would benefit both sides and even out some of the pressure.

There were mixed reactions from students, stemming from specifics of the new plan.

Freshman Chris Woznicki wasn't pleased with the news, but freshmen Patrick Beery and Lauren Beals said more Kryzsko cash would work for

Continued from page 1

them.

"I never really eat at the café anyways," Beery said. "The food down here is much better and I end up spending more down here."

Suganthini Subramanian, a student employee at Chartwells' Coyote Jacks, hoped the new plan would reduce the 1 p.m. rush.

"We always expect a crowd 10 minutes to the hour and 20 minutes after, but I think the 1 o'clock rush will definitely reduce," Subramanian said.

Check out the Winonan table at the Club Fair today from 10-2 to write your Senior Shout-Outs for the final issue of the 2006-2007 school year!

Looking for a gym?

Special!
\$179
1 Year Membership
No Joining Fee

\$27.95
10 Tans

\$24.95
1 Month Tanning

30% off w/ Package Purchase
All Major Label Lotions
Cal Tan, Supree, Nitro & More

Boardwalk Fitness & Tanning

Open Until Midnight
71 West 3rd Street, Downtown Winona
507-452-7133
"The gym business that stays in business."

507-452-8808

GREAT RIVER

PROPERTY MANAGEMENT & SALES

Main St & Broadway

A Great Place To Live! Tenants Trust!

HOUSES & APARTMENTS

www.greatrivermanagement.com
email: grms@hbc.com

Recently released sex offender back behind bars

Currently, 89 sex offenders live in Winona and only the police know their identities

Wendy Haller
WINONAN

While level 3 sex offender Nicholas Lee Arnoldy might be back in a jail cell, the threat of sexual violence in the city still remains.

Two days after being released from jail for previous criminal sexual misconduct charges, Arnoldy was spotted by a neighbor talking to young girls from the balcony of his West Fifth Street boarding house residence.

Winona police officer Kevin Kearney said there "was nothing sexual about the contact," but it violated his probation conditions.

Arnoldy will serve 120 days and then either can return to Winona or enter a "civil commitment," like a prison or a hospital, for an extended period of time, Kearney said.

Arnoldy's presence in the community shocked residents and university administrators, and created a citizen's call for action. Although Arnoldy drew much attention, he's not the only sex offender in Winona.

Currently 89 sex offenders live in Winona and only the police know their identities. The Winona police are required to provide community notification for level 2 and 3 sex offenders, but not for level 1 offenders.

Carole Midland, a Winona State social work professor, said focusing on only one



Mark Chryst/WINONAN

This building on the corner of West 5th Street and Mechanic Street is the new residence of a level three-sex offender in Winona. This building is about a mile from the Winona State University main campus, 0.7 miles from Winona State's west campus and only 0.4 miles from Cotter High School.

offender can give a false sense of security.

"We are still at risk from people who have never been caught," Midland said.

She feels a civil commitment isn't the best place for Arnoldy, because would burden tax payers due to facility costs. Instead, Midland supports Arnoldy being placed in a halfway house where his actions are monitored with an electronic device.

Midland compared the community-wide meeting about Arnoldy as a "witch hunt" and said the media coverage of sex offenders "doesn't give them an opportunity to start over... it would be very hard to succeed with your picture plastered all over."

Midland recommends people help protect themselves by learning "how an offender grooms a community." Midland advised people not to

walking alone at night or ride in elevators with strange men, and to refrain from substance use.

In the event of sexual assault, Winona has few different options for reporting the incident, such as the campus' health services, the Winona police station or the Community Memorial Hospital.

Reach Wendy at WLHaller9235@winona.edu.



Winona students relay for life

Winona State University and St. Mary's University co-sponsor the fourth annual Relay for Life April 21-22, in the Winona State courtyard.

The Relay for Life committee also seeks cancer survivors who wish to share their stories.

The event honors survivors during a recognition ceremony. Survivors also receive a free t-shirt and have a special tent with refreshments and amenities.

Relay for Life is a fundraiser for the American Cancer Society. This year's theme is "A Night with the Stars." Activities include live bands, theme laps, prizes, a silent auction, games and salsa lessons.

Last year, the event raised more than \$50,000. This year's goal is more than \$65,000. All proceeds go to the American Cancer Society to aid cancer research and help in the fight against cancer.

Teams are composed of students, faculty and staff, along with local community members. To become a team captain or to share your story, e-mail Meghan Mace at memace6164@winona.edu or Michelle Camerer at macamere2715@winona.edu.

For more information about Relay for Life, e-mail Ashley Murry at armurry5656@winona.edu.

DemocraStock concert to promote free speech

Winona State University hosts DemocraStock, a concert promoting free speech and other democratic ideals, Friday, April 20, from 3 to 6 p.m. at the Lake Park bandshell.

Nine students from professor Kurt Hohenstein's Democracy course, part of the Residential College's Yard course series, modeled the concert after the

1960s Woodstock concert as the culmination of the research they did for the course.

Yard Series courses, dedicated to late history professor Alex Yard, are designed to involve students in timely community issues.

The students decided to organize the concert after they noticed free speech and public

deliberation, key democratic ideals, were missing from today's social scene.

The concert features two jam bands, Sin the Attic, from Winona, and Piper Club, from Woodville, Wis.

The event also features two soapboxes for anyone who has something to say, free hot dogs, and voter registration tables.

The event is free and open to the public, but the class encourages concertgoers to bring non-perishable food items to donate to the Winona Area Food Bank.

For more information, call Kurt Hohenstein at 507-457-5411 or e-mail: khohenstein@winona.edu

Stepping into the future: Life after college

Sarah Brechtl
WINONAN

It's that time of year: projects, papers, presentations, finals, and for some, just a few short weeks until the elusive "real world."

On May 4, an estimated 900 students will graduate from Winona State University and then, scatter like graduation caps in the wind.

Some will enter the workforce, some will travel the world, some will head overseas to fight for our country, some will continue their education and some will probably live like bums in their parents' basements for the next six months.

Regardless, Winona State is about to release more graduates into the world.

The 2005 graduate follow-up report compiled by the Minnesota State Colleges and Universities tracked the class of 2004-2005 one year after

graduation and determined that the majority of Winona State graduates remain in Minnesota.

According to Winona State Career Services, the top employers of Winona State graduates include the Mayo Health Care System, the Rochester Public School District, Fastenal, Winona State University and Ashley Furniture.

Winona State senior Jennifer Pachan is scheduled to graduate on May 4, but she will not be staying in Winona. She won't even stay in the continental United States.

After graduation, Pachan is beginning a position as a tour group coordinator for Aramark Park and Resorts in Denali National Park, in what she describes as "the middle of nowhere" Alaska.

Pachan will put both her public relations major and adventure tourism minor to use in Alaska, working with

vendors like Redtail Outfitters to set up kayaking and canoe trips for tourists, as well as other events and activities.

"Basically, I am a liaison between outfitters and the company I work for," Pachan said.

Originally planning to find an apartment and look for employment in the Twin Cities, Pachan decided to set out for the horizon instead.

"I saw this as an opportunity I couldn't say no to," she said. "I don't know what I'm getting myself into, but that's part of the fun."

Pachan said only a handful of her classmates in her senior seminar class have jobs arranged after graduation, and a portion of those are merely "settling" for jobs that are not necessarily desired or relating to their major.

Pachan feels the biggest challenge facing graduating seniors is "knowing what to do next."

"You just have to be willing to go to where the jobs are," Pachan said.

While Pachan is busy packing for life in the tundra, senior graduate Steve Helseth is looking for the next stop on his journey through higher education.

A psychology major, Helseth spent the last year researching and applying to masters programs for clinical psychology.

As of now, he will be attending Eastern Michigan University, but hopes to hear from Drexel University in Philadelphia.

Despite promising careers as the shooting guard for the Miami Heat and as a rock star pianist, Helseth hopes to one day earn his doctorate, have his own practice and also work in forensic psychology. He wants to continue conducting research and have the opportunity to testify as an expert witness in court cases.

According to the MnSCU graduate follow-up report, a third of psychology graduates pursue a master's degree or some sort of post-collegiate education after graduation, but mainly in the field of counseling.

Helseth's professors have talked about the opportunities available in the psychology field and his advisor suggested some excellent masters programs, but Helseth paved his own way.

"A lot of moving on is just figuring out where you want to go with what you have," Helseth said.

Vicki Decker, director of career services, feels this year's graduating class is off to a great start.

"In the hour I spent down at grad finale, I met at least a dozen students who already solidified jobs," Decker said.

Decker said that the job

See GRAD, Page 7



Photo Illustration Doug Sundin/WINONAN

UPAC
PRESENTS

CAKE

CAKE



Porking the Magic

IN CONCERT

FRIDAY APRIL 20

7:30 P.M.

MCGOWN GYMNASIUM

CAKE



Fashion Nugget

TICKETS ON SALE TO STUDENTS

MONDAY APRIL 2

9 A.M. AT UPAC OFFICE

\$20

TICKETS ON SALE TO PUBLIC

MONDAY APRIL 9

9 A.M. UPAC OFFICE OR TICKETMASTER

\$20

WWW.WINONA.EDU/UPAC



Mock U.N. conference held in Winona

More than 200 students from 14 universities gather to discuss world issues

**Elena Grimm
WINONAN**

Winona State University hosted the 31st annual Arrowhead Model United Nations Conference last weekend, bringing more than 200 students from 14 universities

emony in Kryzsko Commons where bright colors filled the East Hall as students from Winona State's international club presented the world's flags.

Winona Mayor Jerry Miller and Winona State's vice president for academic affairs Sally Johnstone, among others, welcomed the visiting college stu-

tions."

On Friday and Saturday, the Model U.N. participants did just that.

They met in their respective committees — security council, economics and finance, political and security, social and humanitarian and environmental — and introduced stu-

position in the United Nations. The current U.N. Secretary-General is Ban Ki-moon of South Korea.

Grover, who founded the Winona State United Nations Club 15 years ago, said it was an honor to have this position and to observe the delegates in action.

icipated in three Model UN conferences. He said that after the first conference, he had to come back for more.

"The thing I really enjoy is not only the opportunity to get together with students at other universities, but you get to wrap your head around global issues that you don't necessarily think about or understand in the U.S. or in Winona," Kazee said.

After two full days of hearing, debating and voting on resolutions, the weekend culminated at a banquet Saturday evening at the Quality Inn.

There, delegates were able to leave their hard work behind and learn about the international body from someone who knows it firsthand.

Kristen Knutson, a Minnesota native from the Mankato area, is the spokesperson and press secretary of the U.N.'s Office of Humanitarian Affairs.

She told the group about her role in the U.N. and how she got her start in international relations as an undergraduate at the University of Minnesota.

Seven Winona State students representing Peru, including Jon Heer, Amanda Farley, Rotney O'Shea, Mary Nehring, Ryan Flynn, Solomon Paul and Holley Schmidlapp, received an honorable mention as the best delegation.

In addition, Rotney O'Shea and Ryan Flynn each received an honorable mention as security council delegate and economic and finance delegate, respectively.

The 2008 Arrowhead Model U.N. will be held in St. Cloud next spring. For more information, e-mail the U.N. Club at wsu_unclub@yahoo.com.

Reach Elena at ER-Grimm2702@winona.edu.



Courtney Pate /WINONAN

Winona State University international students present flags at the opening ceremony of the United Nations conference Thursday night at the East Hall of Kryzsko Commons. College students from many surrounding universities gathered at Winona State to discuss current United Nations issues and ideas.

across the Midwest together to simulate countries of the world system.

During the four-day event, the "delegates" worked intensively in committees of the U.N. body, including the elite security council and four committees of the general assembly.

As a delegate representing Rwanda, the WINONAN got a first-hand look at the weekend's events.

The event opened Thursday evening with a welcoming cer-

emony to Winona.

Global studies professor Michael Bowler, one of the faculty planners of this year's Model U.N., shared the story of Chief Wapasha, who led the Dakota tribe before they were forced out of the Winona area, then Wapasha's Prairie, by white settlers.

"You're staying in the shadow of Sugar Loaf — Wapasha's cap," Bowler said. "Wapasha was known for peace. He knew he couldn't fight. He knew there was only negotia-

tion-written resolutions to be negotiated upon.

Resolutions resembled today's current world setting, such as the crisis in Darfur, Iran's nuclear program, HIV/AIDS relief and global warming.

Committee meetings lasted all day, and while some resolutions passed unanimously, some were debated extensively.

Global studies professor Yogesh Grover served as the secretary-general, the highest

Grover said he was impressed by the seriousness and awareness delegates had of world issues.

Members of Winona State's U.N. Club have participated in the Arrowhead conference for 15 years and last hosted it in 2001.

Beside United Nations club members, students taking political science or global studies courses were encouraged to participate this year.

Ezra Kazee, United Nations club president, has par-

32 dead after gunman unleashes at Virginia Tech dorm and classrooms

Sue Lindsay
ASSOCIATED PRESS

BLACKSBURG, Va. —A gunman massacred 32 people at Virginia Tech in the deadliest shooting rampage in modern U.S. history Monday, cutting down his victims in two attacks two hours apart before the university could grasp what was happening and warn students.

The bloodbath ended with the gunman committing suicide, bringing the death toll to 33 and stamping the campus in the picturesque Blue Ridge Mountains with unspeakable tragedy, perhaps forever.

Investigators gave no motive for the attack. The gunman's name was not immediately released, and it was not known if he was a student.

"Today the university was struck with a tragedy that we consider of monumental proportions," Virginia Tech President Charles Steger said. "The university is shocked and indeed horrified."

But he was also faced with difficult questions about the university's handling of the emergency and whether it did enough to warn students and protect them after the first burst of gunfire. Some students bitterly complained they got no warning from the university until an e-mail arrived more than two hours after the first shots rang out.

Wielding two handguns and carrying multiple clips of

ammunition, the killer opened fire about 7:15 a.m. on the fourth floor of West Ambler Johnston, a high-rise coed dormitory, then stormed Norris Hall, a classroom building a half-mile away on the other side of the 2,600-acre campus. Some of the doors at Norris Hall were found chained from the inside, apparently by the gunman.

Two people died in a dorm room, and 31 others were killed in Norris Hall, including the gunman, who put a bullet in his head. At least 15 people were hurt, some seriously.

Students jumped from windows in panic. Young people and faculty members carried out some of the wounded themselves, without waiting for ambulances to arrive. Many found themselves trapped behind chained and padlocked doors. SWAT team members with helmets, flak jackets and assault rifles swarmed over the campus. A student used his cell-phone camera to record the sound of bullets echoing through a stone building.

Trey Perkins, who was sitting in a German class in Norris Hall, told The Washington Post that the gunman barged into the room at about 9:50 a.m. and opened fire for about a minute and a half, squeezing off 30 shots in all.

The gunman, Perkins said, first shot the professor in the head and then fired on the students. Perkins said the gunman was about 19 years

old and had a "very serious but very calm look on his face."

"Everyone hit the floor at that moment," said Perkins, 20, of Yorktown, Va., a sophomore studying mechanical engineering. "And the shots seemed like it lasted forever."

Erin Sheehan, who was also in the German class, told the student newspaper, the Collegiate Times, that was one of only four of about two dozen people in the class to walk out of the room. The rest were dead or wounded, she said.

She said the gunman "was just a normal-looking kid, Asian, but he had on a Boy Scout-type outfit. He wore a tan button-up vest, and this black vest, maybe it was for ammo or something."

"I saw bullets hit people's bodies," Sheehan said. "There was blood everywhere."

Students said that there were no public-address announcements after the first shots. Many said they learned of the first shooting in an e-mail that arrived shortly before the gunman struck again.

"I think the university has blood on their hands because of their lack of action after the first incident," said Billy Bason, 18, who lives on the seventh floor of the dorm.

Steger defended the university's conduct, saying authorities believed that the shooting at the dorm was a domestic dispute and mistakenly thought the gunman had fled the campus.

"We had no reason to suspect

any other incident was going to occur," he said.

Steger emphasized that the university closed off the dorm after the first attack and decided to rely on e-mail and other electronic means to spread the word, but said that with 11,000 people driving onto campus first thing in the morning, it was difficult to get the word out.

He said that before the e-mail went out, the university began telephoning resident advisers in the dorms and sent people to knock on doors. Students were warned to stay inside and away from the windows.

"We can only make decisions based on the information you had at the time. You don't have hours to reflect on it," Steger said.

Some students and Laura Wedin, a student programs manager at Virginia Tech, said their first notification came in an e-mail at 9:26 a.m., more than two hours after the first shooting.

The e-mail had few details. It read: "A shooting incident occurred at West Amber Johnston earlier this morning. Police are on the scene and are investigating." The message warned students to be cautious and contact police about anything suspicious.

The massacre Monday took place almost eight years to the day after the Columbine High bloodbath near Littleton,

Colo.

Previously, the deadliest campus shooting in U.S. history was a rampage that took place in 1966 at the University of Texas at Austin, where Charles Whitman climbed the clock tower and opened fire with a rifle from the 28th-floor observation deck. He killed 16 people before he was shot to death by police.

Founded in 1872, Virginia Tech is nestled in southwestern Virginia, about 160 miles west of Richmond. With more than 25,000 full-time students, it has the state's largest full-time student population.

It was second time in less than a year that the campus was closed because of a shooting.

Last August, the opening day of classes was canceled when an escaped jail inmate allegedly killed a hospital guard off campus and fled to the Tech area. A sheriff's deputy involved in the manhunt was killed just off campus.

GRAD

continued from Page 4

market is better this year than it has been in a long time, especially in the fields of accounting, computer science and engineering.

Regardless of which field a student is entering, Decker strongly suggests that every student do some type of field experience, on-the-job training or internship.

"Internships give you a much broader depth of knowledge and it makes you so much more marketable,"

Decker said. "When you're done, you are miles ahead of the competition."

Above all, Decker stresses the importance of using career services and remaining optimistic about the future.

"Graduation is an apprehensive time in a person's life, but that's natural," Decker said. "It is all about finding what is best for you, and then preparing yourself with the tools you need for that fit."

Men's basketball day

Minnesota Governor Tim Pawlenty's weekly radio show, "Good Morning, Minnesota," is being broadcast live from Fastenal in Winona, Minn., Friday, April 13, from 9-10 a.m. The show will be broadcast locally on KWNO 1230 AM.

As part of the broadcast, Gov. Pawlenty presents an on-air proclamation declaring Saturday, April 14, "Winona State Men's Basketball Day" in the

State of Minnesota. The proclamation will be presented to Coach Mike Leaf and WSU President Judith Ramaley.

The Celebration Parade route begins at Broadway and Huff streets heading south, turning east on Mark Street and making its way to McCown Gymnasium for the rally.

SEMCAC CLINIC

Confidential,
Income-Based Services
Including:

- Family Planning
- Pregnancy Tests
- Emergency Contraceptive Pill (The Morning After Pill)
- STD Screening
- HIV Testing

76 West 3rd Street
PO Box 61
Winona, MN 55987

(507) 452-4307
(800) 657-5121

Carl's weight-loss plan: take control *Op/Ed*

Carl Hunter
Op/Ed Columnist

Everyone's making 12-step weight loss programs so I'm jumping on the train as well.

Tony Borreson
Copy Editor

Jessica Caskey
HR Manager

Laura Dauffenbach
Marketing Manager

Amber Dulek
News Editor

Tyler Folsom
Sales Manager

Rebecca Herrmann
Business Manager

Lindsey Holl
Arts & Variety Editor

Carl Hunter
Webmaster

Meggan Massie
Page Designer

Jennifer Moran
Production Manager

Doug Sundin
Photo Editor

Scott Swanson
Sports Editor

Kate Weber
Editor-in-Chief

The opinions of this newspaper do not reflect those of the MnSCU system, Winona State University, its faculty, staff or student body. Any questions or comments should be directed to the Winonan publication board, editors or submitted as letters to the editor.

1.) Live in the real world, not your mind. Don't let yourself get too attached to possibilities. Stay grounded to what's actually happening. This goes for everything from chicks/guys to grades.

2.) Fear nothing. Take chances. Fail, often. You should be okay with failure by now. There are too many things in the world to excel at all of them. Live and have fun; don't let fear hold you back.

3.) The only judgment that matters is your own. Your friends can influence you, but there's only one person you are with 24/7. Take things in, but



think for yourself, don't be a sheep. Do not rationalize, realize. Don't make fake excuses and never EVER lie to yourself.

4.) Don't stir the pot. Don't make other people's problems your own. If it doesn't directly affect you, shut up. The fewer people bitching the better.

5.) Don't have unreasonable expectations. These set you up for a biased view. It will either lift you unreasonably up, or down. Things will not work out exactly how you want them to. Go buy a lottery ticket.

6.) People change...including you. No one is the same person their entire life. Accept it.

7.) Be self-aware. Work to understand who you really are. How do you react in certain situations? What's your stance on different issues? Are your actions in line with your thoughts and values? Take a step back and look at things from outside your own perspective. Are you who you want to be or are you just pretending?

8.) Take control. This is your life, if you're bitching about something or don't like how it's going, take control. Don't like something? Then do something about it. Change the things you can, accept what you cannot. This is not a movie. You have

the power to change the scene, action, even the people. Don't watch your life go by, live it.

9.) Go with the flow. This was going to be a 12 step program but the flow stopped at 9. Deal with it. Be selfish. If you don't enjoy helping others, by all means don't do it. No one wants to be helped by someone who bitches about it or uses it for leverage. It's all about satisfaction units. We endure hardship now because in the future we hope to receive more SU's than if we didn't. Life is a game, go out and play.

Reach Carl at CRHunter6218@winona.edu.

North Korea full of empty promises

Samuel Keane Rudolph
Op/Ed Columnist

The nature of politics in many places has always been a quid pro quo arrangement. Domestic politics in democracies everywhere survive on pork-barrel projects, and aside from symbolic reform bills pushed by certain American politicians, nothing is ever done. Even in the most authoritarian governments, rulers attract public support with displays of things supposedly done by the benevolent government for the people.

This is, perhaps, the way politics always has been and always will be.

As a system of domestic government, it is prone to corruption and inefficiency, but it's still a staple of international politics.



But for some reason North Korea feels no obligation to abide by the unspoken golden rule of economics and politics, and the rest of the world seems bent on allowing them to do so.

Since 1994, when the U.S. first pledged to help North Korea build two light-water nuclear reactors, which are less likely to produce weapons-grade nuclear material, in exchange for a promise to stop its nuclear weapons program, the world approach to North Korea has persistently been to offer material aid in exchange for empty promises.

At no point has the North Korean nuclear program ever gone backwards. It has simply... paused. No facilities have been dismantled, and there has been no visible progress on reducing North Korea's nuclear and bal-

listic missile threat.

In other words, the world has given the North Korean government millions in economic aid in the form of fuel, nuclear power assistance, and food. In exchange we have received empty promises and concrete examples of North Korean disregard for those promises.

An analogy would be an elementary schoolyard bully with a stick, demanding that another child give him his lunch money. The other child is bigger, but not wanting to be inconvenienced, he gives the bully his lunch money anyway, without so much as making the bribe conditional on the bully surrendering the stick.

Similar patterns of appeasement have a notorious history. You could ask Neville Chamberlain. Rudyard Kipling knew it over a hundred years ago when he wrote:

"It is always a temptation to a rich and lazy nation to puff and look important and to say,

'Though we know we should defeat you, we have not time to meet you. We will therefore pay you cash to go away.' And that is called paying the Dane-geld; but we've proved it again and again, that if once you've paid him the Dane-geld, you never get rid of the Dane."

That was true a thousand years ago when Danish raiders were pillaging British coastal villages, and it's true today.

Perhaps a diplomatic solution to the long-standing North Korean thorn is in order, perhaps not. But it's certainly long past time to stop spending good money on bad promises.

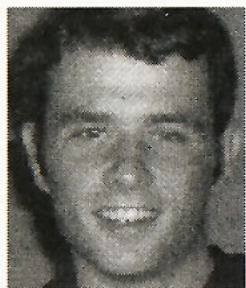
I'm not sure what utter failure of logic—or shining example of groupthink—produced the idea that of paying Dane-geld to the North Koreans, but it needs to stop.

Quid pro quo isn't perfect, but it beats quid pro nihilum.

Reach Sam at SKeane-eru4088@winona.edu.

Credit cards: Are they worth the trouble?

Paul Solberg
Editor-in-Chief Intern



The average undergraduate has \$2,200 in credit card debt, which

increases to \$5,800 for graduate students, according to Nellie Mae, a student loan agency.

Everyone knows credit cards ruin thousands of college students each year, but many students believe they are an exception and can handle the responsibility. My own experience illustrates this very mentality.

Since I had no established credit, my starting limit was set to \$200. The letter I got stated that no interest would be charged for monthly statements under \$250, so I thought "why

not?" I figured it would be wise to have a credit card in case I needed gas late at night, since pay-at-the-pump machines allow people to purchase gas virtually any time of the day.

For the first three months I kept my charges well beneath my \$200 limit and paid off my balance immediately upon receiving my statement in the mail.

After the fourth month I realized the flaw of using a credit card. I received my statement on the 16th of the month, as I always do, and it showed I went over my limit and was charged a \$30 overcharge fee. I was in disbelief at first because I always keep accurate records of how much I currently have on the card and how close I am to my limit.

After checking over my own records and calling the customer service number numerous times I finally figured out what had happened.

After receiving my state-

ment, I mailed my check to pay off the full amount the next day, which was very close to my limit. A few days after mailing my check I bought gas and a few other things, thinking I was starting back at zero for my limit for the month.

What I didn't know was that it took over a week for my check to process. So while I believed my balance to be zero, I was unknowingly going over my limit with each purchase.

I was able to get the fine re-

tracted by listening to someone on the customer service line explain to me why I received the fine and how to avoid one in the future.

After all of this I realized I would be in the dark about when my balance will reset to zero unless I call the customer

Perhaps switching to online bill pay would benefit me. My bank doesn't offer this yet and I'm not motivated enough to switch banks yet.

But I'm glad I haven't yet fallen prey to putting off paying my balance and having it come back and bite me in the ass.

Build Your Portfolio

Gain Experience

Earn Money!

WINONAN

The following positions need to be filled:

- * Advertising Rep**
- * News Editor**
- * Graphic Design Intern**

Apply in the Winonan Office
Lower Hyphen - Krysko Commons
email: winonan@winona.edu

service line to check on it everyday.

A Note from the Winonan:

We invite readers and Winonan staff members to share their opinions in these columns.

Letters to the editor must be 400 words or less and received by the Sunday preceding our Wednesday publication dates. Include your full name, major, year in school and telephone number for publication. Letters from faculty members must include full name, title or department and phone number.

Letters from community members must include full name, address and phone number. We do not run anonymous letters.

The Winonan edits for space and relevance when necessary. The Winonan doesn't edit for spelling, grammar or factual errors and we reject ads and letters to the editor deemed inappropriate. All letters should comply with university policies.

Letters may be sent via e-mail to Winonan@winona.edu with "letter to the editor" as the subject line.

Letter to the Editor

WSU students seeking honors at graduation

Megan K. Pulvermacher
Senior
Paralegal/Poli Sci Major

I recently ran into a problem while waiting in the Registrar's Office to speak to someone regarding Honors Graduation. The Registrar's office had informed me that it was their policy to look first at the Local WSU GPA and if that GPA was not above the 3.25, needed this spring to graduate Cum Laude, GPA's from transfer credits would not be looked at. I have been unable to locate such a policy but after referring to the Registrar's website and the Commencement email, information found showed differently.

<http://www.winona.edu/registrar/grad.html>

When I referred to the above website, to bullet #10 it stated: "To receive honors at graduation, a student's WSU grade point average must be a 3.25 or higher." The second line stated the opposite: "With few exceptions, grades and credits attempted in all undergraduate courses from all institutions will be included in the computation for honors. The only exceptions are courses taken at technical colleges which are not accredited by one of the regional associates of schools and colleges, and combined community and technical college courses which they do not consider part of their college transfer curriculum." The bottom of the website shows a table of GPA's which will earn honors. In bold writing under GPA it stated: "including transfer credits."

The students I spoke with had received transfer credits from

other Minnesota State Universities. One student was .02 away from having the WSU GPA of 3.25 and with transfer credits had a 3.28 GPA. According to the guidelines on the Registrar's Website, "with transfer credits included", the GPA is above the minimum 3.25 needed for honors.

Finally, I referred to the Commencement email which was sent in March to all graduating seniors. On the second page of this email, conveniently in bold and underlined text found under "Honor Cords" it stated: "Honors for Spring Commencement are calculated with the GPA at the end of Fall Semester. With few exceptions, grades and credits attempted in all undergraduate courses from all institutions will be included in the computation for honors."

Whether there is a policy which states that a student must have a

WSU GPA of a 3.25 to be considered for honors, it was not stated in the commencement email nor does the Registrar's website clearly indicate such a policy. Upon receiving the commencement email, if I had been in question whether or not I would graduate with honors because of transfer credit GPA the email would have cleared that up. Graduating seniors were informed that their grades and credits attempted in all institutions would be included for honors.

I believe this to be a very serious issue to upcoming graduates and anyone graduating from WSU in the future. Seniors with a GPA of above a 3.25 have less than 3 weeks to get the honor cords which they deserve according to the Commencement email and Registrar's website. Something needs to happen to get seniors the honor cords they deserve.

Winona State walks to raise money for healthy hearts

Stephanie Magnuson
WINONAN

Husband and wife Catherine and John Nosek, are not only professors at Winona State University, but advocates and organizers for an important cause: to promote awareness about heart disease and stroke.

As members of the American Heart Association Winona Task Force, they're helping organize the American Heart Association Winona Heart Walk.

With a goal of raising \$30,000, Winona State and the Winona community have their sights set high.

Winona's Heart Walk will take place on April 21 at East Lake Park. Registration begins at 11 a.m. and the walk begins at 12:15 p.m.

Catherine, a nursing professor, answered a few questions about the upcoming walk.

What is the goal of the Heart Walk?

One of the major pieces for the American Heart Association is fundraisers and the money that is raised goes to research for heart disease and stroke. It's amazing the amount of dollars they're able to raise and a lot of research has been done to

help us make the progress with our understanding of heart disease and stroke. It also helps pay for items that are available for the public to be able to help with their education and understanding of heart disease and stroke. I think that's a real important piece.

How are you getting students involved?

One of the things that I do is just ask students to come forward to work with me on this but they need an incentive so I attach some points to it. The interesting thing is that students are very generous and I've been really proud of the students here at Winona State. The goal last year for Winona in general was



Tracey Ebmeyer/WINONAN

Professor Catherine Nosek discusses the upcoming Heart Walk with reporter Stephanie Magnuson on Monday, April 16, 2007. The Heart Walk is an annual event that brings awareness to the positive effects of exercising and eating healthy food to increase longevity.

to raise \$20,000 for the Heart Walk and there was a total of \$25,000 raised. Winona State teams raised about \$16,000 of

it. So, the students are extremely generous in their effort to assist in this. For many of them, they have parents or relatives that have experienced either a stroke or heart disease and so I think that it does strike a chord with many of them.

Are students of all majors involved or more health majors?

John Nosek is also participating with his students and he teaches the university studies science courses and so there are a number of freshmen in a variety of majors that participate. What's really awesome is that I have found international students are extremely generous in how they help participate in fundraising. It's a financial burden to many of them to study in the United States and they take it upon themselves to participate and I'm very impressed by that.

Why do you think it is im-

portant to promote the Heart Walk on campus?

I think it raises awareness of heart disease and stroke and it also gives students the option to participate in service. I look at fundraising as service to the community.

What are some health tips for students at Winona State to get in shape?

One of the biggest ones is to break up the day and actually schedule some activity. You don't need aerobic activity to reap the benefits. Even moderate activity like going on a walk around campus or around the lakes is positive. A lot of our students are looking at the gym but not everyone is in to that kind of thing. The other piece is healthy eating that's one of the hardest things on campus because there are not always good choices although I would say that Chartwells has done a lot to bring in healthier choices for students.

For more information on Winona's Heart Walk contact Mia Martin at 507-452-3565 or visit www.heartwalk.kintera.org/winonamn.

Reach Stephanie at SEMagnus1264@winona.edu.

APARTMENTS & HOUSES

Don't be left "down in the dumps" next year!

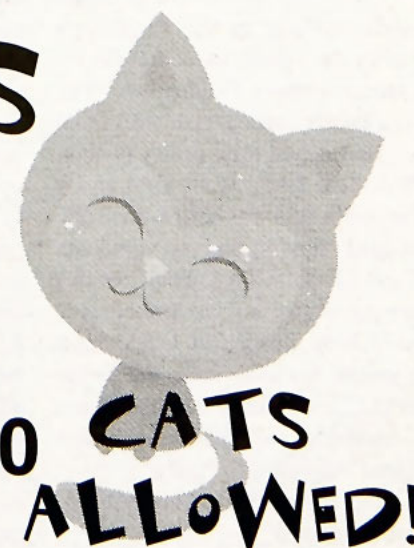
Act now before they're gone!

All sizes & prices available!

Prices reduced, some negotiable!

Call today! 507-454-4444 or 507-458-5500

WinonaStudentHousing.com 555 Huff St. (across from Sheehan Hall)



Students compete to become next Winona Idol

Craig Fitzsimmons
WINONAN

Twelve students will show off their talents in hope of becoming the next Winona Idol.

According to judges' votes and a crowd-noise decibel meter, the contestant with the most talent will win.

The winner of the contest will receive \$100 cash. Second and third place winners will also receive prizes, said Ben Brako, President of the Black Cultural Awareness Association.

The contestants were picked after filling out an application and auditioning in front of BCAA members.

Brako said they go through this process so they know the contestants will follow the rules, such as limiting profanity.

"We don't want them to make WSU or our club look bad," he said.

Last year the club received \$600 in donations from local businesses, explained. This year they are working very hard to get donations as well, he said.

This is the third year of Winona Idol. "We try and get better each year," Brako said.

One change from last year's

event is that no duets will be performed this year, just solos.

Dan Glenn, last year's Winona Idol winner, said he didn't start singing until his freshman year when he joined Winona State University's Concert Choir, but has been playing guitar for nine years.

Glenn sang Red Hot Chili Pepper's "Under the Bridge" in the first round, then won it all when he sang "Nice 'n Slow" by Usher.

Glenn said he wasn't sure how good he was going to be since he was getting over a sinus infection and hadn't prepared for the contest.

He said he probably won because he was very comfortable on stage and had the most fun.

Glenn cannot participate in this year's event due to a new rule stating that the previous year's winner cannot perform.

Winona Idol is at 6 p.m. on Friday, April 20 in Somsen Auditorium.

Brako said they are competing with the spring concert this year, which is why they decided to start early. "Cake fans can go right from Winona Idol right to the concert," he said.

Tickets for Winona Idol are \$5 and are available at the door.



Ray Mickshaw/AP Photo/Fox

Tony Bennett poses with the nine finalists on Fox's "American Idol" television show in Los Angeles. From left to right are: Melinda Doolittle, Phil Stacey, LaKisha Jones, Jordin Sparks, Blake Lewis, Bennett, Chris Richardson, Haley Scarnato, Sanjaya Malakar and Gina Glocksen. Winona State's Black Cultural Awareness Association will be hosting the Winona Idol competition at 6 p.m. Friday.

The BCAA will also be selling t-shirts at the competition for \$10, or a ticket and t-shirt for \$12.

Brako said this event will not only be a fundraiser, but a good way to promote the club's

name.

"We want to provide alternatives for students and promote diversity," he said.

The BCAA will also host karaoke at 1 p.m. during Wednesday's club fair near the solari-

um.

"This is our way to get other clubs involved and promote Winona Idol," Brako said.

Reach Craig at CJFitz-si6867@winona.edu.

Last chance to donate blood

The American Red Cross will hold the last blood drive at Winona State for this year from 11 a.m. to 5 p.m. on April 23 and 24 in Kryzsko Commons' East Hall.

East Hall.

All types of blood are encouraged to donate, especially those with type "O" since this is the "universal donor." One

unit of blood can save up to three lives.

To make an appointment, call the student senate office at 507-457-5316.

Volunteers 'Spruce Up Winona'

Spring is finally here, and there is no better time of year to get outside and give back to the community.

Winona State, along with St. Mary's University and Minnesota State College-Southeast Technical, will host the second annual "Spruce Up Winona" today.

The festivities kick off at 1

p.m. and wrap up at 5 p.m.

There will be two shifts: one from 1 to 3 p.m. and another from 3 to 5 p.m.

There will be food and soda at the Jaycee Pavilion from 3 to 5:30 p.m. for all volunteers.

Everyone is encouraged to get involved; this is a great team building activity for clubs and groups of friends.

Individual as well as group participation is welcome.

Last year, 400 of the 550 participants were from Winona State University.

It would be great to have an even better turnout this year. Participants should wear purple to show Winona State pride.

Series hosts concert and music workshop

The Winona State University Lyceum Series will sponsor Native American flautist, R. Carlos Nakai April 20 and 21.

Nakai is the world's premier performer on the Native American flute.

Originally trained in the classical trumpet and music theory, Nakai was given a traditional cedar wood flute as a gift and challenged to see what he could do with it. Since then, he has performed with major European and American orchestras.

While visiting Winona State University, Nakai leads a discussion, "A Native View: An informal Visit and Reception with R. Carlos Nakai," from 2 to 4 p.m. on Friday in the Baldwin Lounge of Kryzsko Commons.

On Saturday, Nakai will lead a music workshop "Introducing Native American Music in the Schools" from 10 a.m. to noon in the Performing Arts Center's Choral Rehearsal

See CONCERT, Page 12

'Shakespeare in the Park' to shake it up Community collaborates to celebrate Earth Day 2007

This weekend, the Wenonah Players will be sharing their talents with the Winona community in the 18th annual "Shakespeare in the Park."

The University's theatre club has been preparing scenes from many of William Shakespeare's plays as well as Shakespearean spoofs and parodies to present at 3 p.m. this Saturday and Sunday April 21-22 at the Lake Park band shell. Admission is free and open to the public.

Sophomore theatre majors Eileen Moeller and Caitlin Puckett collaborated to create "Shamlet," their own rendition of alternate "Hamlet" endings all of which will be performed this year. The spoof includes an incredibly abridged version, a mega-super-happy version, a Star-Wars ending and several others. The spoof is narrated by a masked actor playing Richard Burbage, one of the most famous actors of

the sixteenth century.

Classic Shakespeare lovers won't be disappointed either. Excerpts from "Twelfth Night," "Taming of the Shrew," "Othello," "As You Like It" and "The Tempest" will all be directed and performed by the Winona State students.

"Shakespeare in the Park is a fun and laid-back way to expose students the community to Elizabethan theatre," said Meggan Massie, the Wenonah Players production coordinator and organizer of the event.

"We have stuff for the most experienced Shakespeare fan as well as for bard virgins," said Massie. "And it is the perfect place for an afternoon picnic."

In case of inclement weather, the performances will move to the Performing Arts Center main stage theatre.

For more information, contact Meggan Massie at MM-Massie4487@winona.edu.

The Winona State community is coming together this weekend to celebrate Earth.

According to the Winona Earth Day Web site, "Each year, hundreds of people attend the Annual Earth Day events to enjoy speakers, exhibitors, educators, entertainment, and the beautiful Procession of the Species."

From Thursday to Saturday there will be activities for adults and children to participate in to show their love for the planet.

The film "A Life Among Whales," which looks at Dr. Roger Payne's work as Ocean Alliance founder and president and issues that whales face in today's world, will be shown at 6 p.m. on Thursday in the Science Lab auditorium, room 120.

During this week in particular students and community members are urged to limit their negative impact on the Earth.

Richard Louv, author of "Last Child of the Woods; Sav-

ing our Children from Nature Deficit Disorder" will discuss his book at 7 p.m. on Thursday in Somsen Auditorium.

Beginning on Thursday, from 10 p.m. to 6 a.m., Winona State students are asked to unplug appliance, phone and laptop chargers to determine how much energy is saved in one night.

The main Earth Day Celebration will take place from 10 a.m. to 4 p.m. on April 21 in the Winona State University courtyard.

In the event of inclement weather the events will be moved indoors to Kryzsko commons and the Smaug Solarium stage.

Laura Olakowski is in the recreational programming class that organized the celebration's final and most popular event, the procession of the species.

Several different student clubs and groups have signed up to submit a project illustrating a theme of sustainability, which is maintaining the integ-

rity of natural resources for future generations.

These groups are also competing for cash prizes. The team with the best project will win a \$300 prize, \$200 for second place and \$100 for third. Each of the groups is also participating in the procession.

Olakowski explained that all of the people participating in the parade dress up as animals, plants, insects or any other part of our world that could be connected to Earth Day.

"We travel through the Winona State campus and into the surrounding neighborhoods.

St. Mary's has a tribal band that will provide music throughout the procession," Olakowski said.

Several other activities for Earth Day are organized by various campus and community groups.

For more information on Winona Earth Day, visit the Web site at www.winona.earthday.org.



Doug Sundin/WINONAN

Holly Portinga and Katherine Nurmela perform "Sassy Heat" choreographed by Courtney Kish during their Sunday night dress rehearsal for this year's senior dance recital, "Perspectives."

Concert

room, room 159.

This workshop will be geared primarily to elementary school music teachers.

Both events are free and open to the public. For a \$15 fee, .2 CEU is available during Saturday's workshop.

Saturday evening, Nakai's visit will conclude with a con-

cert performance at 7:30 p.m. on the Performing Arts Center Mainstage.

The Winona Symphony Orchestra will feature Nakai during the second half of its performance.

Concert tickets cost \$15 for adults and \$5 for students and are available at the door.

Continued from Page 11

There is a limited number of tickets left.

For ticket information, call Hardt's Music at 507-452-2712.

For additional information about Nakai's visit call Greg Neidhart at 507-457-2842.

Winona State presents Latin American music concert

The Winona State University Residential College International Music Series will present "Calle Sur: Music of Latin and South America" at 7 p.m. on Thursday in Winona State University's Tau Center Rotunda.

Calle Sur, Spanish for

"South Street," has traveled nationwide and internationally, has been featured on a variety of TV shows, and has provided the film score for three documentaries.

The 10th annual International Music Series provides an op-

portunity to experience a taste of musical culture from around the world.

For more information, call Cathy Schmidt at 507-457-5256.

Roberts: 'Grindhouse' fills theater will 'full-bellied chuckles'

Film
'Grindhouse'
Genre
Horror
Science Fiction
Crime and Mystery
Runtime
191 minutes
Directed by
Robert Rodriguez
Quentin Tarantino
Cast
Freddy Rodriguez
Quentin Tarantino
Kurt Russell
Bruce Willis
MPAA Rating
R
Roberts' Rating
B

Jonathan Roberts WINONAN

Ahh the good 'ol days: double features at the downtown or drive-in theater for \$3 and sneaking friends in the trunk under blankets and lawn chairs. Where has the time gone?

Luckily there are others among us (with much bigger budgets) that share the same

nostalgic dreams for horror movies and lame intermission jingles with dancing hotdogs. Robert Rodriguez and Quentin Tarantino are such men.

"Planet Terror," directed by Rodriguez, is a wonderful addition to the entourage of laughable zombie horror flicks.

When an esteemed biochemical engineer decides to try his hand at being an under-the-table businessman, he finds out that the best deal is not always the safest.

When a deal goes bad, the scientist shoots several canisters of DC-2, a dangerous chemical that causes people to become flesh-eating zombies.

"Planet Terror" follows a small band of misfits, each of them developed and unique characters, and documents their fight for survival against both the zombie hordes.

This is a laugh fest. The theater was filled with full-bellied chuckles and heart laughter. You'd swear Santa Claus was there.

From the exaggerated blood splatters, to the eccentric action scenes, and especially the totally random crap that always seems to happen at the wrong time, this was a beautiful 'B' movie.

The plot was solid, in that it kept the action scenes tied to-

gether, and the script was excellent, littered with deliberately dumb lines and lame girl-left-guy,-but-guy-wants-girl-back dialogue.

The intermission, which I regretfully used to go refill my water and use the facilities, was awesome from what I saw at the start and where I came in on the end.

The two movie previews I remember were for "Werewolf Women of the Nazi S.S." and "Thanksgiving." The other previews were arguably as funny as the actual movies from what other people told me after the show.

Although "Planet Terror" was hilarious to the end, it did finish on a bit of a down note, which is why I'm very glad that "Deathproof" was the second feature.

It started out dark, gritty and depressing in a nobody-is-going-to-survive kind of way, but it will turn your frown upside down by the time the credits roll.

Kurt Russell stars as Stuntman Mike, a retired stuntman who has managed to keep around his old stunt car that he says is "deathproof."

Stuntman Mike has a dark side. For whatever twisted reason, he likes to stalk and kill beautiful young girls with his

car. He meets them, he greets them and then he runs into them head on at 200 miles per hour.

"Deathproof" opens by setting the scene with a group of four girls who are out for a night on the town.

Jungle Julia, a local DJ, mentions on-air that her friend is in from out of town, and that her friend will give the first guy to buy her a drink and recite a certain poem a lap dance.

Mike happens to be that lucky guy, and after everyone has said their goodbyes, Mike decides to take a young lady home who needed a ride.

Little does she know that she is in for the ride of her (soon to be cut very short) life.

Mike follows Julia's car, passes them, and whips it around.

He clicks off his lights and shoves the two tons of steel into gear and races toward the girls head on.

A second before impact, Mike throws on the lights, just for effect, as he crushes the ladies' car sending them to the morgue and himself to the hospital.

After he recovers from the physical ailments of the crash, he carefully selects his next pack of young female prey.

Too bad for him, these girls happen to be tough as nails

with appetites for uncompromised vengeance.

After his first violent encounter with them, he thinks that they're dead, but as he'll soon find out, they've stolen his title and will be testing him to live up to his "Deathproof" name.

These were both really fun movies, and the relaxed nature of the crowd made it a great experience.

I really do miss the old drive-in theaters and double feature movies and this was a great throwback to a bygone era.

Artificial burn marks on the film and "missing reels" added to the nostalgic feeling that it intended.

If you're looking to laugh, be slightly grossed out, and maybe a little bit scared, "Grindhouse" will not let you down.

Definitely not the best movies ever created, but they weren't meant to be. Rated 'R' for almost every reason imaginable, I would never take my little sister ever.

But, if you and some friends want to have a good laugh and have three hours to spare, "Grindhouse" is the double feature that was made for you.

Reach Jonathan at JPRObert1732@winona.edu.

The Art of College

Career Services hosts interviews

Sometimes, when I worry about my future, I make a list of all the things I know how to do.

- paint nails
- make comics
- email Mom
- Stats homework
- growl



by Katie Leiberbrand

Career Services will host Countrywide Home Loan and Tailor Made Products, Inc., today.

Countrywide Home Loan will hold interviews for an account executive in Minneapolis or Milwaukee.

Account Execu-

tives present mortgage loan options to customers.

For more information visit the Web site at www.countrywide.com.

Tailor Made Products, Inc., seeks business and accounting majors to interview for a materials management specialist position.

For more information visit the Web site at www.tmade-products.com.

Career Services will host CitiFinancial Thursday for student interviews.

CitiFinancial seeks a senior branch account executive for Rochester, Minn.

To sign up for an interview visit Gildemeister Hall room 110, call 507-457-5340 or visit the Web site at www.winona.edu/career.

Read the Winonan online!

www.winona.edu/winonan

One-on-One: Random sports thoughts



Scott Swanson
Sports Editor

Eds. Note: Sports reporter Chandler MacLean and sports editor Scott Swanson recorded a running sports conversation.

Chandler: I've probably watched 20-25 Major League Baseball games (not including the Twins) through the first few weeks of the season. I've never watched so many so early, but I've also never enjoyed watching the sport as much as I have this season. All of which brings me to MLB TV, the best money I've ever spent.

Here's how it works. For \$15 to \$20 a month, you can watch every out-of-market MLB game live on your computer.

Suggestions: Split your password with a friend or friends (no

This week, the one-on-one gang bounces various sports ideas off each other, from the start of the baseball season to rumors of Michael Jordan's son coming to WSU

different from a family sharing a package)... Pony up for the \$20 a month premium package. It includes MLB TV MOSAIC which allows you to watch up to six games at once and comes with better video quality.

Scott: Chandler, you don't need to tell me this. In fact, I'm pretty sure I was the one that introduced you to the tremendous invention that is MLB TV. Let us remind our loyal readers that you are a first-year subscriber while I have been a customer for years. How else would I know the stats of Adam Kennedy off the top of my head? Or more importantly, how else would I be able to watch all the games of my favorite sports franchise, the San Francisco Giants?

Chandler: The Toronto Blue Jays blast a fog horn when they hit home runs at their home park (the same way NHL hockey teams celebrate

goals). The Atlanta Braves, meanwhile, use a siren and jam out to the "Jump On It" song. I love 'em both. Now if only the Twins would adopt a similar home run celebration. It's been awhile since I've made it up to the Homer Dome, but last I remember they played the Star Wars theme for every Twinkies home run. Pretty lame compared to fog horns and "Jump On It" if you ask me.

Scott: The Giants have a splash home run counter, which keeps track of every Giants' home run that is hit into McCovey Cove. Of course, about 90 percent of those have been hit by none other than Barry Lamar Bonds.

Chandler: One especially hot rumor floating around town had Jeffrey Jordan (Michael Jordan's son) signing with the Winona State men's basketball

team. While I like the thought, and suspect heir Jordan was on the Warriors recruiting radar, all the latest I've seen and heard says he's set to sign with Valparaiso University (Ind.). Regardless, with college basketball's early signing period already underway, expect the purple powerhouse to announce at least a few incoming recruits in the next couple weeks.

Scott: The thought of MJ's son playing at Winona State was quite exciting. Speaking of basketball, C-Mac, I know you're bored of the NBA lately, but the playoffs have me excited. I want your predictions. As for myself, give me the Spurs out of the west. Tim Duncan might be the most underrated athlete today. If it came down to it, there's no other big man in the game I'd rather have on my team. The East is pretty unpredictable, but with Webber



Chandler MacLean
Sports Reporter

playing well, give me the Pistons over the Heat. Finally, I'll take Spurs over Pistons in six. What about you, Chandler?

Chandler: You're right, the NBA is dead to me. The 82-game season is WAY too long, the 16-team playoff is even more drawn out, every team eliminated from playoff contention is benching stars and tanking games for a higher lottery pick, horrible team defense everywhere, everyone thinks they're underpaid and the Timberwolves (my team) are hopeless. As for a prediction, Suns over Heat (as I said at midseason). Wake me when the conference championships start.

Get to know the Warriors: Women's golfer Morgan Proshek

Eds. note: This week, the Winonan's Chandler MacLean met with reigning Northern Sun Intercollegiate Conference golfer of the year, Morgan Proshek.

WINONAN: How did you get into golf? How old were you?

Proshek: It started with my family. My dad's a big golfer, so I've been playing since I was about two. We lived on a golf course, so I've always been out there doing whatever. Mainly driving around on the cart.

WINONAN: Coming from a family of golfers, who was your toughest coach?

Proshek: I would say it's between my brother and dad. They're both really good golf-

ers. My dad has always been there to help me and my brother has always been there to push me that extra step when my dad won't tell me to. I've always had a little pressure from them. It's nice to have that extra little kick to keep me going.

(Eds. Note: Proshek's brother, Nathan Proshek, 25, golfed collegiately at St. Johns, Minn., and placed second in the 2002 NCAA Division III men's Championship)

WINONAN: Was there a lot of competition between you and your brother? Do you think that helped you?

Proshek: I think it did. I was always trying to compete with him, especially in golf. He just smoked me, he's really good.



Proshek

Since high school, I've been competing more with my dad and I've actually started to beat him in college. I guess my next goal would be to go after my brother. I have beaten him on nine, but not the full 18.

WINONAN: How do you think your teammates would describe you?

Proshek: Umm...pretty funny. (laughs) Weird. I'd say

weird.

WINONAN: Why's that?

Proshek: Well, whenever we see each other on the golf course, I'm always doing some dance, or some hand motions, or something to get their mind more relaxed. Sometimes they're just way too focused and put too much pressure on themselves. So I just try to take it off. Like at this last tournament, every time I saw people I was doing something.

WINONAN: That's not normal for golf.

Proshek: No it's not. But I'm not screaming or anything like that, I'm just doing some motions. The other golfers I'm golfing with know me, too, and they'll just look at me, laugh-

ing. You have to have a good time out there or else you get bored.

WINONAN: What are some of your favorite courses?

Proshek: I have a really bad memory when it comes to courses, so I don't really know. I enjoy all the courses. Every one is a different challenge. We were out in California and one of the courses we played was really famous. Of course I don't remember the name, but it was just gorgeous, overlooking mountains and houses.

WINONAN: Did you do your dances?

Proshek: Oh yeah, I do them all the time. Otherwise it wouldn't be a great round.

Day of Silence

WSU Faculty, Staff, and Administrators support lesbian, gay, bisexual, and transgender students and their allies during the Day of Silence and every other day of the year.

*Eunie Alsaker
Jodi Anderson
Tamara Berg
David Bratt
Cyndi Briggs
Marilyn Brower
Lynda Brzezinski
Elizabeth Burke
Ruth Charles
Mary Coughlan
Deb Cumberland
Joy B. Davis
Nancy Dumke
Sue Eckerson
Vicki Englich
Tiffany Ertman
Emilie Falc
John Ferden
Pat Ferden
Joan Francioni
Susan Hatfield
Tim Hatfield
Jackie Hatlevig
Amy Hermodson
April Herndon
Kelly Herold
Bea Hoffmann*

*Kurt Hohenstein
Jim Hurley
Matt Hyle
Karen Johnson
Sally Johnstone
Cindy Killion
Ann Kohner*

*Fred Lee
Dan Lintin
Matt Lungerhausen
Carole Madland
Sharon Mansur
Jim Meyers
Gretchen Michlitsch
Barbara Oertel
Todd Paddock
Diane Palm
Erin Peters
Glenn Petersen
Nancy Peterson
Frances Ragsdale
Judith Ramaley
Alicia Reed
Wayne C. Ripley
Peggy Sannerud
Paula Scheevel
Ruth Schroeder
Susan Sefkow
Ellen Dodge Severson
Carl Stange
Jo Stejskal
Kathy Sullivan
Tammy Swenson Lepper
Jin Xu*

Warriors return to action, stay unbeaten in NSIC

Adam Stanek
WINONAN

The Winona State University baseball team kept its undefeated conference record intact last weekend after sweeping the University of Minnesota-Crookston in two double-headers.

Winona State (18-7) had difficulties getting onto the field in the past two weeks due to inclement weather.

It was the first time the Warriors played a Northern Sun Intercollegiate Conference opponent since facing Bemidji State on April 2, giving Winona State 12 days between games.

"We needed to have those games," Winona State baseball coach Kyle Pooch said. "We haven't been able to practice like we should either."

The Warriors had 10 consecutive games postponed in that time period.

In Saturday's first double-header game, the Warriors (18-7) trounced UM-Crookston (0-22) 11-4.

Senior catcher Ben Barrone got the Warriors off to a hot start as he hit a two-run home run in the top of the first to give them a 2-0 lead.

The Warriors put up four runs in the top of the first to hold a 4-0 lead.

Barrone followed that in the second with another homer that knocked in two more runs during the three-run half inning.

Winona State led 7-0 after two innings and never looked back.

Crookston scored four runs in the bottom of the sixth to cut the Winona State lead to five.

Winona State answered with two runs in the top of the seventh to make the score 11-4.

Barrone went 3-for-5 with three runs, four RBIs and two home runs.

Getting it done on the mound for the Warriors was Bryan Ruff, picking up the win.

In only three innings of work, Ruff (4-0) gave up two hits and struck out six batters.



Barrone

The double-header was a slugfest for the Warriors as they smashed Crookston 22-2.

The Warriors recorded 21 hits, 20 RBIs, and batted .512 for the game.

Again, the Warriors scored big in the top of the first, tallying seven runs.

Two of the seven runs came off of a Sam Henriksen home run.

Winona State built a 16-2 lead by the end of the fourth inning.

Freshman second baseman Ronnie Olson continued his hot season as he went 4-for-4 with three runs and two RBIs.

"He's been coming up big in RBI situations," Pooch said. "When he gets guys in scoring position, he seems to bat better."

Olson batted 8-for-13 (.615) with five runs, a home run, and seven RBIs on the weekend.

Sophomore right fielder Brett Maxwell also put together a strong showing with a 2-for-2 batting effort with two runs and five RBIs.

From the mound, Don Erdall (3-1) got the win for the Warriors, giving up two runs on two hits with seven strikeouts in three innings of work.

Winona State went right back to work the next day in the first game of the double-header, picking up an 11-2 win.

Winona State put together a 17-for-35 (.486) batting effort in the contest.

The Warriors picked up four early runs in the top of the second to take a 4-0 lead.

After giving up a run in the third inning, the Warriors recovered in the fifth as they knocked in four more runs, two coming off a Kyle Collins home run making the score 8-1.

Winona State added three more in the top of the seventh, with two coming off an Olson home run. Olson finished 3-for-4 with two RBIs, two runs and a home run.

Also putting together a solid effort was

third baseman Dru Mickelson, batting 3-for-4 and an RBI.

Justin Kurfman (4-0) kept his undefeated streak going from the mound.

Kurfman gave up three hits and one run while striking out five batters in 14 at-bats.

The Warriors completed the four game sweep of Crookston with a 13-0 shutout.

It was only Winona State's second shutout of the season.

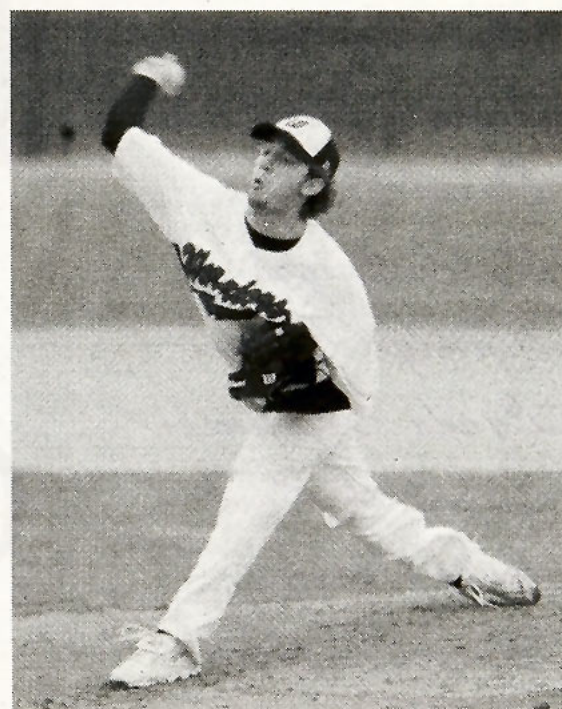
Winona State scored 10 of its 13 runs in the last three innings.

In the top of the fifth, it was Barrone starting the 10-run stretch as he knocked out a home run in the first at-bat of the inning.

Mike Wendland followed that up with a triple in the very next at-bat.

Wendland's bat led the way for the Warriors as he went 3-for-4 with three runs.

The Warriors also got a good look of pinch hitter Mike Brabender as he came in and batted



Doug Sundin/WINONAN

Winona State's Bryan Ruff delivers a pitch in a game earlier this season. The junior right-hander is 4-0 and leads the league with a 0.92 ERA.

2-for-2 and scored two runs.

Matt Rubin (1-1) picked up his first win of the season from the mound.

In three innings of work, Rubin pitched a no-hitter while striking out four batters.

Winona State pitching gave up only one hit in the game.

Winona State played two non-conference road games against Minnesota State-Mankato (26-4) Tuesday after this edition of the Winonan went to print.

Next up for the Warriors is a double-header today against conference contender Wayne State College (25-10).

King sets school record as Warriors get back on the track

Adam Stanek
WINONAN

Two weeks without a meet.

That's what the Winona State University outdoor track team faced, but got back on its feet in the Blugold Open in Eau Claire last weekend.

"It was good to get back out there," said Winona State coach

Mason Rebarchek. "Overall, it was a very successful meet."

The Warriors finished with three national qualifying marks in the event.

Emily King broke the Winona State record and qualified for the Division II Outdoor Championships with a throw of 184 feet, nine inches in the hammer throw.

Nikki Lonning finished second to King with a toss of 166 feet, nine inches and nationally qualified as well.

Bria Magnuson also qualified with a mark of 12 feet and a second-place finish in the pole vault.

The 4x400-meter relay team placed third and finished just a half-second short of breaking

the Winona State school record with a time of 4:02.25.

The 4x100-meter relay team finished second and earned the third-best mark in school history.

Junior sprinter Jessica Devine continued her strong season, finishing in second-place with a time of 15.10.

Rebarchek felt there were

some runners that have made some significant improvements already this season.

One runner that Rebarchek felt made major strides as a freshman is Kelly Milkent.

Milkent moved down from the 400-meter dash to the 100 and 200-meter dash.

She managed to finish seventh in the 200-meter dash.

Men split in Mankato

**Women's tennis wins
two and loses two**

**Scott Swanson
WINONAN**

With one week left on its regular season schedule, the Winona State University men's tennis team traveled to Mankato for a pair of matches, winning one and losing the other.

The Warriors fell to Truman State 9-0 before defeating Minnesota State-Mankato 5-4 on the next day.

"We were pretty happy with our weekend in Mankato," Winona State No. 5 singles player Kevin Malecha said. "It was a close match against Mankato, but a good win against one of our conference opponents."

"I think we all wish we could have played a little tougher against Truman State, but overall it was a good weekend."

In the win over Mankato, Winona State (12-9) swept the top three singles positions and took No. 6 singles and No. 1 doubles to clinch the victory.

Kyle Savelkoul won 6-2, 6-1 at No. 1, Aaron Lentz won 6-1, 6-4 at No. 2, Ryan Zilka won 6-4, 2-6, 10-8 at No. 3 and Scott Hessian won 6-3, 6-7, 11-9 at No. 6 singles.

Savelkoul and Zilka then teamed at No. 1 doubles for an 8-3 victory.

It was the second time this season Winona State defeated the Mavericks, having beat them 8-1 on March 30 in Winona.

This weekend, the Warriors will head to St. Cloud for the North Central Conference meet.

On the women's side, the Warriors finished a busy week winning two and losing two.

Winona State started the week at home with a 9-0 win over Northern Sun Intercol-



Doug Sundin/WINONAN
**Winona State's Mary Hesterman hits
a volley during the women's tennis
team's 9-0 win over Bemidji State.**

legiate Conference foe Bemidji State.

On Saturday, the Warriors fell to Truman State 7-2. Notching the lone wins for Winona State were Holly Peltier, who picked up a 6-3, 3-6, 10-7 win at No. 5 singles and then teamed with Courtney Zinter for an 8-1 win

(6-2, 6-2).

The wins over Southwest Minnesota State and Bemidji State kept the Warriors (7-15, 6-0) unbeaten in the NSIC heading into this weekend's conference championship.

at No. 3 doubles.

Winona State followed the loss on Sunday with another loss, 8-1 at the hands of Mankato.

The Warriors lone win came from Michele Bailey and Megan Hertz at No. 1 doubles.

On Monday, the Warriors capped off the week with a 6-3 win at Southwest Minnesota State.

Peltier and Zinter again won at No. 3 doubles (8-4), while Laura Hobert and Maggie Lindquist teamed for a 8-4 win at No. 2 doubles.

Clinching singles wins for the Warriors were Bailey at No. 1 (6-2, 6-3), Hobert at No. 2 (6-1, 6-3), Peltier at No. 5 (6-0, 6-7, 10-7) and Mary Hesterman at No. 6

Proshek wins NSIC golfer of the year

From wire reports

YANKTON, S.D. — Morgan Proshek was named the North-



Proshek

the NSIC Championship at the par-72 Fox Run Golf Course.

Proshek finished with a four-round total of 304.

As a team, the Warriors finished in second place with 1,293 strokes, just three strokes behind champion Upper Iowa.

Winona State's Nikki Wilson finished tied for fifth place with a 315 while teammate Megan Placko took tenth with a 326.

It was the first time this decade that Southwest Minnesota State didn't win the NSIC.

The first two rounds of the tournament were played last October, with the final two being played last weekend.

Coming into last weekend's second part of the tournament, Winona State sat in first place with 657, two strokes ahead of Upper Iowa.

But Upper Iowa shot a tournament-best 313 in the third round to vault into the lead. In the fourth round, Upper Iowa shot 318 to Winona State's 319, helping the Peacocks hold on.

As for Proshek, the senior saved her best for last. In the final round, she shot an even-par 72. It was her best round of the tournament, dating back to the first two rounds last October.

Proshek placed fourth in the NSIC Championship last year, before taking first this year.

ROOMMATE WANTED

Cigarette is looking for college student to share spacious apartment. Over time I'm sure we'll become inseparable, living together in ignorant bliss. Must sign long-term lease, but a resourceful person like you should be able to get out of it when you graduate. And don't worry about those 30 pages of fine print.



Research shows that most students who say they'll quit smoking after college can't.

It's all in the

delivery

Knock, Knock!! It's Erberts and Gerberts at the door. And we're bringing as many subs or clubs that you want, 1...71...101. You name it, we deliver it - even late. Consider it a labor of love! Erberts & Gerberts. Delivering Delicious to your door, desk, or dorm room.

Erbert & Gerbert's
SUBS CLUBS

Always in great taste.

105 W. 3rd Street Winona, MN (507) 474-3727

It's not easier to quit smoking after college. It's harder.

Research shows most college grads who smoke find it harder to quit after college...not easier.

For help, call (888) 354-PLAN

Surging Warriors prepare for crucial league showdown

Matt Huss
WINONAN

As far as regular season games are concerned, it doesn't get any bigger than this.

The Winona State University softball team tore through the first leg of its conference schedule and will host Northern Sun Intercollegiate Conference rival and fellow unbeaten Southwest Minnesota State University in a double-header that could potentially decide the league champion Thursday.

The Mustangs and the Warriors have alternated regular season conference titles since Winona State took the crown in 2003. The Warriors finished second to undefeated SMSU last season, with both of their conference losses coming in a double-header sweep at Marshall.

Luckily for Winona State, however, history is on the Warriors' side. Since 2003, the home team (and the eventual champion) swept double-headers against the other each year.

But the Warriors have more than just history on their side going into the crucial mid-season matchup. They're also riding the momentum of a seven-game sweep of conference opponents and a stretch in which they've won 11 of 14 games since coach Greg Jones tweaked the batting order two weeks ago.

After a stretch in which the Warriors dropped two of four while combining to score just

10 runs and going 5-for-30 with runners in scoring position, Jones moved sophomore Terra



Wilhelm

Halron from the second to the third spot in the lineup. Junior Chelsea Rose now

moved from the third to the fifth spot behind sophomore Katie Hanson, and Amanda Wilhelm was promoted from the ninth to the second spot.

The move paid quick dividends. After recording just seven home runs in 26 games up to that point, the Warriors matched that number in their next nine contests. Through the first 26 games the Warriors had recorded only 53 hits in 212 attempts with runners in scoring position (.250). In 14 games since the change, the Warriors have nearly matched that number as well — collecting 39 hits in 145 attempts (.269).

"We were doing a lot of searching early, but I knew we had to find a solid lineup to go with so people would stop looking over their shoulders and just get comfortable," Jones said. "I think we're going to stick with this one — it's really been effective for us."

The positive is best exemplified in the play of Wilhelm,

who got even hotter at the plate since moving behind lead-off hitter Lindsay Rosicky and in front of sluggers like Halron, Hanson and Rosenow.

The sophomore second baseman continued a 13-game hitting streak in which she batted .513 (19-for-37) before it ended in the first game of a double-header sweep of Concordia-St. Paul on Friday. Over her last 21 games, Wilhelm is hitting a white-hot .421 (24-for-57) with 16 RBIs and 14 runs.

On the other hand, Halron struggled to adapt to her new role in the 3-hole, going 2-for-22 in Winona State's seven-game sweep of NSIC opponents. However, in the Warriors' last three games — wins against North Dakota and Missouri Western, and a loss against St. Cloud State — Halron went 8-for-11 with seven RBIs.

"Terra had gone kind of quiet for a little bit, but she just tore the cover off the ball this week-



Stannis

end," Jones said. "But the fact that we've turned this thing around and have been winning games is because we've been getting offense throughout the order."

As a team, the Warriors hit a sizzling .304 and outscored

their conference opponents 40-16, while the pitching staff surrendered just 12 earned runs and struck out 39 over 45 innings.

However, the Mustangs have been even hotter.

In a five-game sweep of league opponents, SMSU batted .364 and boasted a scoring margin of 40-4. Their pitchers surrendered

just 16 hits and one earned run while striking out 42 in 31 innings.

Amanda Johnson, the pre-season pitcher of the year, was 3-0 in that span with 33 strikeouts. The sophomore right-hander appears to be well on her way to taking home the regular season honor, as her 14 wins, 0.92 ERA and 164 strikeouts all lead the league.

Johnson will likely go head-to-head with Winona State's ace, Jenny Stannis, who was named the NSIC pitcher of the week after earning two wins



Doug Sundin/WINONAN

Winona State shortstop Karyn Koehnle fields a grounder in a game last week. The junior went 5-for-12 with five RBIs over the weekend.

and a rare save over four games last week.

The experienced senior versus the upstart sophomore. The defending champs versus the No. 1 contenders. A conference title likely hanging in the balance. All will be decided in two softball games on a football field tomorrow afternoon.

While Jones refused to look ahead, he couldn't deny the importance of the mid-April showdown.

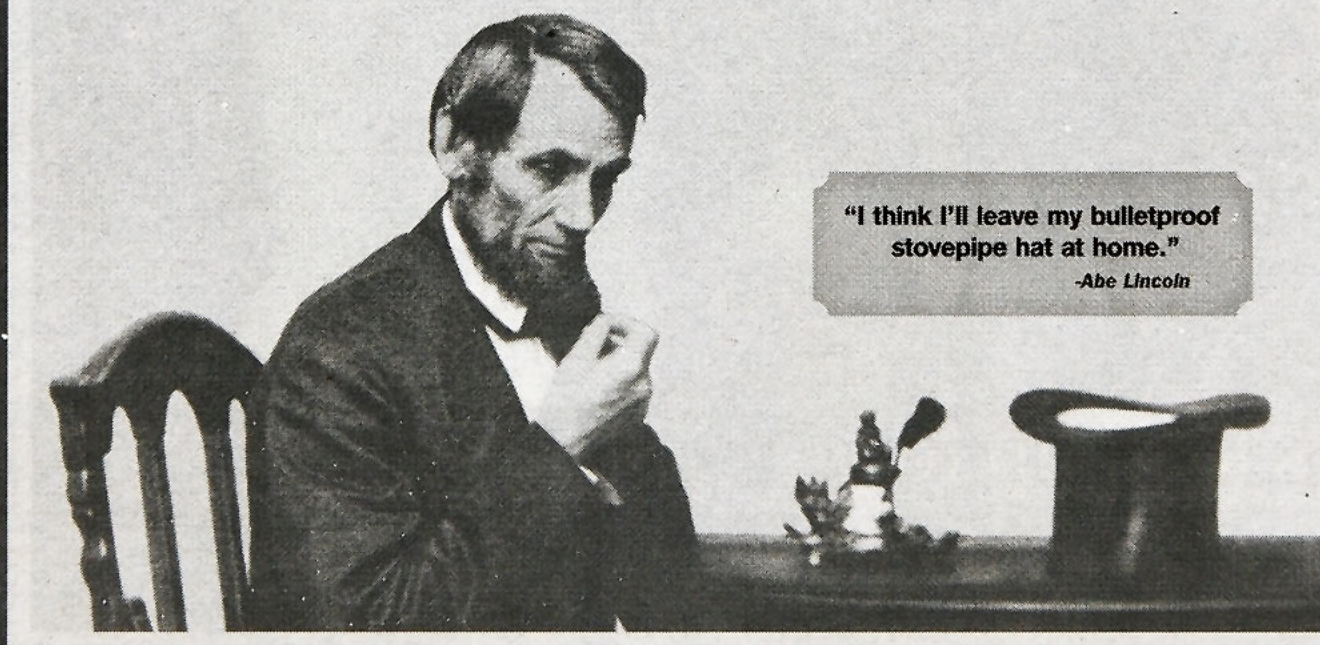
"Oh, it's huge," Jones said. "We're both sitting undefeated atop the conference again, so obviously it's going to be big."

FAMOUS LAST WORDS

THIS MESSAGE BROUGHT TO YOU BY

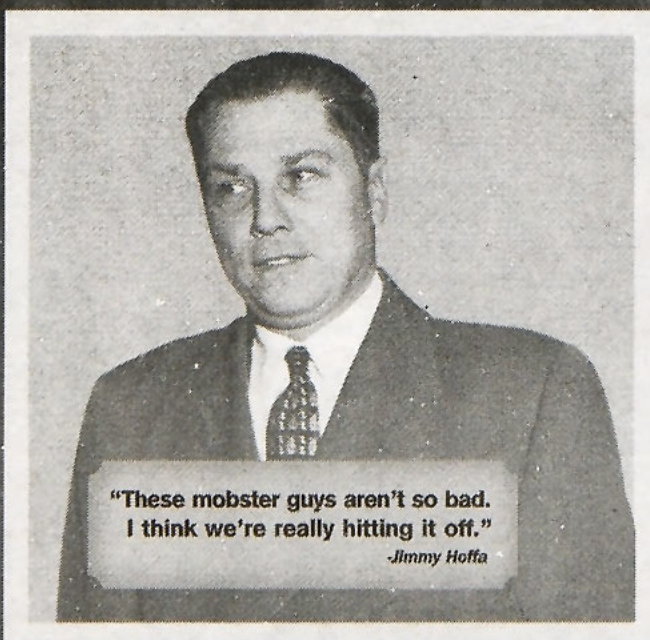


WALKINGTIMEBOMB.COM



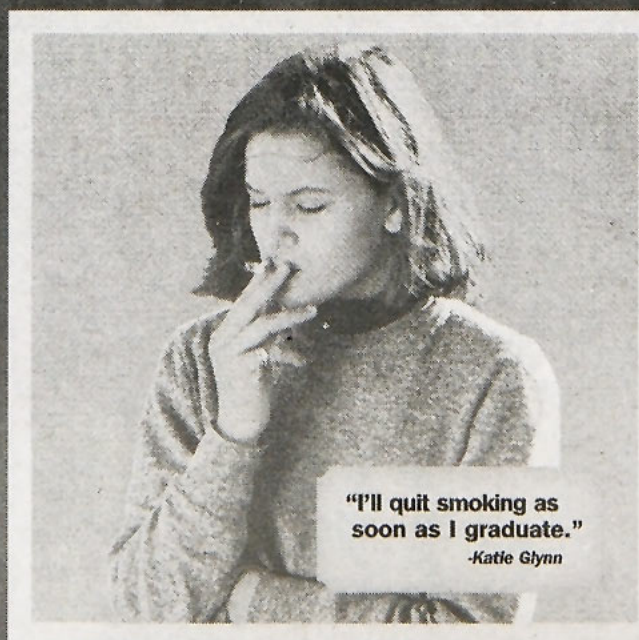
"I think I'll leave my bulletproof stovepipe hat at home."

-Abe Lincoln



"These mobster guys aren't so bad. I think we're really hitting it off."

-Jimmy Hoffa



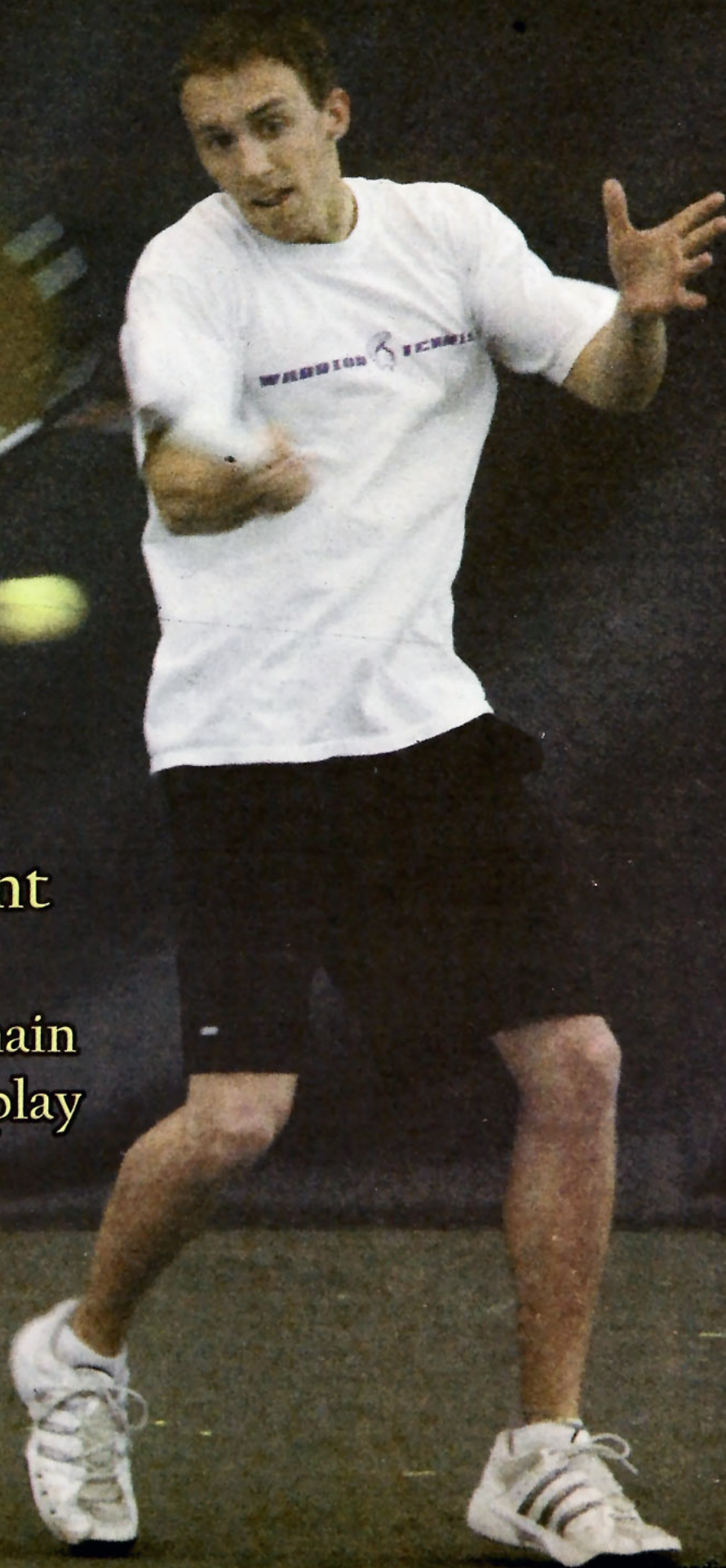
"I'll quit smoking as soon as I graduate."

-Katie Glynn

RESEARCH SHOWS THAT MOST STUDENTS WHO SAY THEY'LL QUIT SMOKING AFTER COLLEGE CAN'T.

Warriors load up for conference tournament

Also: Baseball, softball remain
undefeated in conference play



andin/WINONAN